COMMUNITY ADVISORY COUNCIL



An Australian Government Initiative

Meeting on 6 October 2023

MyMedicare

MyMedicare formalises the relationship between patient and their preferred general practice or GP which has shown to improve health outcomes. We discussed who can and how to register with your preferred general practice and the benefits of MyMedicare provided to date by the DOH.



WHAT WERE THE FACTORS SUPPORTING YOUR DECISION TO REGISTER? I am invested in my own, and my family's health outcomes.

WHAT ARE THE PERCEIVED BARRIERS TO PATIENT REGISTRATIONS?

It was specifically stated that if you are not registered with any particular clinic, then you would be able to get the care plans at ANY clinic, so what is the benefit to registering?

Lack of information, suspicion and lack of clarity There seem to be no real benefits aside from longer Telehealth.

Concern about future access to alternate services to my registered Practice/GP

Not enough information on what the specific benefits to consumer or to GP practice.

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Healthy Ageing

The meeting discussed healthy ageing and how to engage with the target population. Recent focus groups had minimal interest to the 65+ population (55+ for Aboriginal and Torres Strait Islander peoples) and their carers. Previous consultations with CAC members identified a stigma around ageing.

Other than a major health scare or physical event - in your opinion, what would motivate older people to seek assistance with Healthy Ageing?

- Peer experience can motivate older people to seek assistance.
- A life partners concern and a respected friend's opinion.
- I think if the scheme was rebranded Healthy Retirement I would be more interested.
- Personal goals and milestones plus grandchildren

For the over 65's (or close enough in the room) - who helps influence your health and wellness decisions?

- My partner of 55 years.
- Luckily, I have a trusted and caring GP.
- Children
- Older population may be resistant to this and cause friction in familial relationships.



For those with loved ones over 65, how likely is it that:

a) You would feel comfortable offering wellness advice.

88% of CAC members

would feel comfortable offering wellness advice to a loved one



b) your advice would be heard and actioned.

12% of CAC members

agreed that their advice would be heard and actioned

MEETING EVALUATION

After each Community Advisory Council meeting, we ask participants for feedback on the meeting, as part of our focus on continual improvement.

(100%)

said that the purpose of the meeting was as described, and they learned something new.

100%

told us the information easy to understand and the meeting was interesting.



of participants said their opinions were valued and were happy with the meeting length.

